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Run Like a Mother: How to Get Moving and Not Lose Your Family, Job, or Sanity is one of the funniest books I have read in quite a while. I purchased the book for my Kindle on a whim after reading about it somewhere.

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Run Like a Mother How to Get Moving and Not Lose Your

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Since the publication of their first book, Run Like a Mother, the authors have built up an engaged, vibrant tribe of women runners--more than 10,000 fans on Facebook and an average of 2,500 daily visitors to anothermotherrunner.com--who are clamoring for another book.

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Run like a Mother H rbuch Download Dimity McDowell

More than a book, Run Like a Mother is essentially a down-to-earth, encouraging conversation with the listener on all things running, with the overall goal of strengthening a woman's inner athlete.

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